

## **If the Catholic Faith teaches that the Holy Eucharist in the Tabernacle is the real presence of Jesus, why do we need Exposition of the Most Blessed Sacrament?**

**Answer:** The Catholic Church teaches that the Holy Eucharist, whether in the Tabernacle or exposed during Exposition, is always the Real Presence of Jesus Christ, our Risen Lord —Body, Blood, Soul, and Divinity. The difference between the Tabernacle and Exposition is more about the way in which the Eucharist is presented and the way we can engage the Real Presence of Jesus.

**Here are some passages from the Catechism on this topic:**

**1377** The Eucharistic presence of Christ begins at the moment of the consecration and endures as long as the Eucharistic species subsist. Christ is present whole and entire in each of the species and whole and entire in each of their parts, in such a way that the breaking of the bread does not divide Christ. **207**

**1378** Worship of the Eucharist. In the liturgy of the Mass we express our faith in the real presence of Christ under the species of bread and wine by, among other ways, genuflecting or bowing deeply as a sign of adoration of the Lord. “The Catholic Church has always offered and still offers to the sacrament of the Eucharist the cult of adoration, not only during Mass, but also outside of it, reserving the consecrated hosts with the utmost care, exposing them to the solemn veneration of the faithful, and carrying them in procession.”

**1379** The tabernacle was first intended for the reservation of the Eucharist in a worthy place so that it could be brought to the sick and those absent outside of Mass. As faith in the real presence of Christ in his Eucharist deepened, the Church became conscious of the meaning of silent adoration of the Lord present under the Eucharistic species.

**1380** The Church and the world have a great need for Eucharistic worship. Jesus awaits us in this sacrament of love. Let us not refuse the time to go to meet him in adoration, in contemplation full of faith, and open to making amends for the serious offenses and crimes of the world. Let our adoration never cease.